

Chiropody Benefit

AChPod	Association of Chiropodists and Podiatrists
BChA	British Chiropody and Podiatry Association
FCPod	Fellow of the College of Podiatrists
FHP	Foot Health Practitioner
HCPC	Health and Care Professions Council
IOCP/MInstChP	Institute of Chiropodists and Podiatrists
LVChC	Victoria Chiropody Clinic
SCP	Society of Chiropodists and Podiatrists
SRCh	State Registered Chiropodist

Specialist Consultation, ECG, X-Ray, Pathology Fees and MRI Scans Benefit

MRCS/FRCS	Member or Fellow of the Royal College of Surgeons
MRCP/FRCP	Member or Fellow of the Royal College of Physicians
GMC	General Medical Council (as Specialist)

Health and Wellbeing Benefit

Acupressure

ATCM/TCM	Association of Traditional Chinese Medicine and Acupuncture UK/ Traditional Chinese Medicine
BACc	British Acupuncture Council
BCMA	British Complementary Medicine Association
BMAS	British Medical Acupuncture Society
BRCP	British Register of Complementary Practitioners
IIHHT	International Institute of Health Holistic Therapists
MAcSAp	Acupressure Member of the Acupuncture Society
VTCT	Vocational Training Charitable Trust

Allergy Testing and Food Intolerance Testing

BANT	British Association for Applied Nutrition and Nutritional Therapy
BCMA	British Complementary Medicine Association
BInstAT	British Institute for Allergy and Environmental Therapy
CNHC	Complementary and Natural Healthcare Council
NNA	Naturopathic Nutrition Association

Aromatherapy Massage

AAPA	Aromatherapy and Allied Practitioners' Association
CNHC	Complementary and Natural Healthcare Council
CThA	Complementary Therapists Association
FHT	Federation of Holistic Therapists
IIHHT	International Institute of Health Holistic Therapists
IFA	International Federation of Aromatherapists
IFPA	International Federation of Professional Aromatherapists
NVQ/SVQ	National/Scottish Vocational Qualification
VTCT	Vocational Training Charitable Trust

Bowen/Alexander Technique

BowTech	The Bowen Association UK
BTAA	Bowen Therapy Academy of Australia
BTPA/BTER	Bowen Therapy Professional Association
CNHC	Complementary and Natural Healthcare Council
ECBS	European College of Bowen Studies
IIHHT	International Institute of Health Holistic Therapists
NVQ/SVQ	National/Scottish Vocational Qualification
STAT	Society of Teachers of the Alexander Technique
VTCT	Vocational Training Charitable Trust

Chair Massage	CNHC CThA FHT IIHHT ITEC NVQ/SVQ VTCT	Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust
Colonic Hydrotherapy	ARCH GPACT I-ACT IPCH RICTAT	Association and Register of Colonic Hydrotherapists Global Professional Association for Colon Therapy International Association of Colon Hydrotherapy Institute of Professional Colon Hydrotherapists Register of Integrative Colon Therapists and Trainers
Counselling including Cognitive Behavioural Therapy	BABCP BACP BPS UKCP	British Association for Behavioural and Cognitive Psychotherapies British Association of Counsellors and Psychotherapists British Psychological Society UK Council for Psychotherapy
Hopi Ear Candles	IIHHT NVQ/SVQ TATH VTCT	International Institute of Health Holistic Therapists National/Scottish Vocational Qualification Thermo- Auricular Therapy Association Vocational Training Charitable Trust
Hot-stone Massage	FHT ITEC NVQ/SVQ VTCT	Federation of Holistic Therapist International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust
Hypnotherapy	BHA BSCH BSCAH CNHC CThA FHT GHR MHA NCH NHS	British Hypnotherapy Association British Society of Clinical Hypnosis British Society of Clinical Academic Hypnosis Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists General Hypnotherapy Register Member of the Hypnotherapy Association National Council for Hypnotherapy National Hypnotherapy Society
Indian Head Massage	CNHC CThA FHT IIHHT ITEC NVQ/SVQ VTCT	Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust
Kinesiology	ASK KF	Association of Systemic Kinesiology Kinesiology Federation
Manual Lymphatic Drainage	FHT ITEC CNHC	Federation of Holistic Therapists International Therapy Examination Council Complementary and Natural Healthcare Council
Naturopathy	BNA CNHC GCRN ND NNA	British Naturopathic Association Complementary and Natural Healthcare Council General Council and Register of Naturopaths Doctor of Naturopathy Naturopathic Nutrition Association

Nutritional Therapy including Dieticians	BANT	British Association for Applied Nutrition and Nutritional Therapy
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	HCPC	Health and Care Professions Council
	NNA	Naturopathic Nutrition Association
Reflexology	AoR	Association of Reflexologists
	BRA	British Reflexology Association
	CAR	Clinical Association of Reflexologists
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	FPR	Federation of Precision Reflexologists
	IFR	International Federation of Reflexologists
	IIHHT	International Institute of Health Holistic Therapists
	IIR	International Institute of Reflexology
	IRI	Institute of Reflexologist in Ireland
	MAR	Member of the Association of Reflexologists
	NVQ/SVQ	National/Scottish Vocational Qualification
VTCT	Vocational Training Charitable Trust	
Reiki	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	RASA	Reiki and Seichem Association
	RHATS	Reiki Healers and Teachers Society
	RM/RMT	Reiki Master/Reiki Master Teacher
UKRF	UK Reiki Federation	
Shiatsu	CNHC	Complementary and Natural Healthcare Council
	IIHHT	International Institute of Health Holistic Therapists
	MRSS	Member of the Shiatsu Society
Sports/Remedial Massages and Sports Therapy	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	HND	Higher National Diploma
	IIHHT	International Institute of Health Holistic Therapists
	IIST	International Institute of Sports Therapy
	ISRM	Institute of Sport & Remedial Massage
	ITEC	International Therapy Examination Council
	LCSP	London and Country Society of Physiologists
	LSSM	London School of Sports Massage
	MTI	Massage Training Institute
	NAMMT	National Association of Massage and Manipulative Therapists
	SMA	Sports Massage Association
	SMT0	Scottish Massage Therapists Organisation
	SST	Society of Sports Therapists
STA	Sports Therapy Association	
STO	Sports Therapy Organisation	
VTCT	Vocational Training Charitable Trust	
Swedish Massage	FHT	Federation of Holistic Therapists
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust

Physiotherapy, Chiropractic, Osteopathy, Acupuncture and Homoeopathy Benefit

Physiotherapy	HPCP	Health and Care Professions Council
	MCSP	Member of the Chartered Society of Physiotherapists
	SRP	State Registered Physiotherapists
Chiropractic	CAI	Chiropractic Association of Ireland
	GCC	General Chiropractic Council
	SCA	Scottish Chiropractic Association
Osteopathy	CTA/CSTA	Craniosacral Therapy Association
	GOsC	General Osteopathic Council
	MAO/FAO	Member/Fellow of the Association of Osteomyologists
	RCST	Registered Craniosacral Therapist
Acupuncture	AACP	Acupuncture Association of Chartered Physiotherapists
	ATCM/TCM	Association of Traditional Chinese Medicine and Acupuncture UK/Traditional Chinese Medicine
	BACc	British Acupuncture Council
	BAWMA	British Academy of Western Medical Acupuncture
	BMAS	British Medical Acupuncture Society
Homoeopathy	BHA	British Homoeopathic Association
	FHom	Faculty of Homoeopathy
	HMA	Homoeopathic Medical Association
	LCPH	College of Practical Homoeopathy
	MARH	Member of the Alliance of Registered Homoeopaths
	RSHom	Licensed or Registered Member of the Society of Homoeopaths
Fitness Benefit (£100 Prestige Members)		
	BASRat	British Association of Sports Rehabilitation and Trainers
	REPS	Register of Exercise Professionals

This list will be reviewed every year and we can only pay claims for the treatments listed above if they are in your current Membership Plan. The practitioner's qualifications, registration or membership must be relevant to the treatment that they are providing.



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