

Physiotherapy, Chiropractic, Osteopathy, Acupuncture and Homoeopathy Benefit

Physiotherapy	HCPC	Health and Care Professions Council
	MCSP	Members of the Chartered Society of Physiotherapists
	SRP	State Registered Physiotherapists
Chiropractic	CAI	Chiropractic Association of Ireland
	GCC	General Chiropractic Council
	SCA	Scottish Chiropractic Association
Osteopathy	CTA/CSTA	Craniosacral Therapy Association
	GOsC	General Osteopathic Council
	MAO/FAO	Member/Fellow of the Association of Osteomyologists
	RCST	Registered Craniosacral Therapist
Acupuncture	AACP	Acupuncture Association of Chartered Physiotherapists
	ATCM/TCM	Association of Traditional Chinese Medicine and Acupuncture UK/Traditional Chinese Medicine
	BAcC	British Acupuncture Council
	BAWMA	British Academy of Western Medical Acupuncture
	BMAS	British Medical Acupuncture Society
	FTCMP	Federation of Traditional Chinese Medicine Practitioners
Homoeopathy	BHA	British Homoeopathic Association
	FHom	Faculty of Homoeopathy
	HMA	Homoeopathic Medical Association
	LCPH	Licentiate of the College of Practical Homeopathy
	MARH	Member of the Alliance of Registered Homoeopaths
	RSHom	Licensed or Registered Member of the Society of Homoeopaths
Chiropody Benefit	AChPod	Association of Chiropodists and Podiatrists
	BChA	British Chiropody and Podiatry Association
	FCPod	Fellow of the College of Podiatrists
	FHP	Foot Health Practitioner
	HCPC	Health and Care Professions Council
	IOCP/MInstChP	Institute of Chiropodists and Podiatrists
	LVChC	Victoria Chiropody Clinic
	SCP	Society of Chiropodists and Podiatrists
	SRCh	State Registered Chiropodist

Specialist Consultation, ECG, X-Ray, Pathology Fees, MRI Scans and Family Planning Benefit

MRCS/FRCS	Member or Fellow of the Royal College of Surgeons
MRCP/FRCP	Member or Fellow of the Royal College of Physicians
GMC	General Medical Council (as Specialist)

Health and Wellbeing Benefit

Acupressure	ATCM/TCM	Association of Traditional Chinese Medicine and Acupuncture UK/Traditional Chinese Medicine
	BAcC	British Acupuncture Council
	BCMA	British Complementary Medicine Association
	BMAS	British Medical Acupuncture Society
	BRCP	British Register of Complementary Practitioner
	IIHHT	International Institute of Health Holistic Therapists
	MAcSAp	Acupressure Member of the Acupuncture Society
	VTCT	Vocational Training Charitable Trust

Allergy Testing and Food Intolerance Testing	BANT	British Association for Applied Nutrition and Nutritional Therapy
	BCMA	British Complementary Medicine Association
	BInstAT	British Institute for Allergy and Environmental Therapy
	CNHC	Complementary and Natural Healthcare Council
	NNA	Naturopathic Nutrition Association
Aromatherapy Massage	CHP	Complementary Health Professionals
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	IIHHT	International Institute of Health Holistic Therapists
	IFA	International Federation of Aromatherapists
	IFPA	International Federation of Professional Aromatherapists
	NVQ/SVQ	National/Scottish Vocational Qualification
VTCT	Vocational Training Charitable Trust	
Bowen/Alexander Technique	BowTech	The Bowen Association UK
	BTAA	Bowen Therapy Academy of Australia
	BTPA/BTER	Bowen Therapy Professional Association
	CNHC	Complementary and Natural Healthcare Council
	ECBS	European College of Bowen Studies
	IIHHT	International Institute of Health Holistic Therapists
	NVQ/SVQ	National/Scottish Vocational Qualification
	STAT	Society of Teachers of the Alexander Technique
	VTCT	Vocational Training Charitable Trust
Chair Massage	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	IIHHT	International Institute of Health Holistic Therapists
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust
Colonic Hydrotherapy	ARCH	Association and Register of Colonic Hydrotherapists
	GPACT	Global Professional Association for Colon Therapy
	I-ACT	International Association of Colon Hydrotherapy
	IPCH	Institute of Professional Colon Hydrotherapists
	RICTAT	Register of Integrative Colon Therapists and Trainers
Counselling including Cognitive Behavioural Therapy	BABCP	British Association for Behavioural and Cognitive Psychotherapies
	BACP	British Association of Counsellors and Psychotherapists
	BPS	British Psychological Society
	UKCP	UK Council for Psychotherapy
Hopi Ear Candles	IIHHT	International Institute of Health Holistic Therapists
	NVQ/SVQ	National/Scottish Vocational Qualification
	TATh	Thermo- Auricular Therapy Association
	VTCT	Vocational Training Charitable Trust
Hot-stone Massage	FHT	Federation of Holistic Therapist
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust

Hypnotherapy	BHA	British Hypnotherapy Association
	BSCH	British Society of Clinical Hypnosis
	BSCAH	British Society of Clinical Academic Hypnosis
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	GHR	General Hypnotherapy Register
	MHA	Member of the Hypnotherapy Association
	NCH	National Council for Hypnotherapy
NHS	National Hypnotherapy Society	
Indian Head Massage	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	IIHHT	International Institute of Health Holistic Therapists
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust
Kinesiology	ASK	Association of Systemic Kinesiology
	KF	Kinesiology Federation
Manual Lymphatic Drainage	CNHC	Complementary and Natural Healthcare Council
	FHT	Federation of Holistic Therapists
	ITEC	International Therapy Examination Council
	MLD UK	Manual Lymphatic Drainage UK
Naturopathy	BNA	British Naturopathic Association
	CNHC	Complementary and Natural Healthcare Council
	GCRN	General Council and Register of Naturopaths
	ND	Naturopathic Doctor
	NNA	Naturopathic Nutrition Association
Nutritional Therapy including Dieticians	BANT	British Association for Applied Nutrition and Nutritional Therapy
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	HCPC	Health and Care Professions Council
	NNA	Naturopathic Nutrition Association
Reflexology	AoR	Association of Reflexologists
	BRA	British Reflexology Association
	CAR	Clinical Association of Reflexologists
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	FPR	Federation of Precision Reflexologists
	IFR	International Federation of Reflexologists
	IIHHT	International Institute of Health Holistic Therapists
	IIR	International Institute of Reflexology
	IRI	Institute of Reflexologist in Ireland
	MAR	Member of the Association of Reflexologists
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust

Reiki	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	RASA	Reiki and Seichem Association
	RHATS	Reiki Healers and Teachers Society
	RM/RMT	Reiki Master/Reiki Master Teacher
	UKRF	UK Reiki Federation
Shiatsu	CNHC	Complementary and Natural Healthcare Council
	IIHHT	International Institute of Health Holistic Therapists
	MrSS	Member of the Shiatsu Society
Sports/Remedial/Deep Tissue and Pre-natal Massages including Sports Therapy	BASRaT	British Association of Sport Rehabilitators and Trainers
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	HND	Higher National Diploma
	IIHHT	International Institute of Health Holistic Therapists
	IIST	International Institute of Sports Therapy
	ISRM	Institute of Sport & Remedial Massage
	ITEC	International Therapy Examination Council
	LCSP	London and Country Society of Physiologists
	LSSM	London School of Sports Massage
	MTI	Massage Training Institute
	NAMMT	National Association of Massage and Manipulative Therapists
	SMA	Sports Massage Association
	SMT0	Scottish Massage Therapists Organisation
	SST	Society of Sports Therapists
	STA	Sports Therapy Association
STO	Sports Therapy Organisation	
VTCT	Vocational Training Charitable Trust	
Swedish Massage	FHT	Federation of Holistic Therapists
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
	VTCT	Vocational Training Charitable Trust
Fitness Benefit (£100 Prestige Members)	BASRaT	British Association of Sport Rehabilitators and Trainers
	REPS	Register of Exercise Professionals

This list will be reviewed every year and we can only pay claims for the treatments listed above if they are in your current Membership Plan. The practitioner's qualifications, registration or membership must be relevant to the treatment that they are providing.

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